

Foot Problems And Diabetes

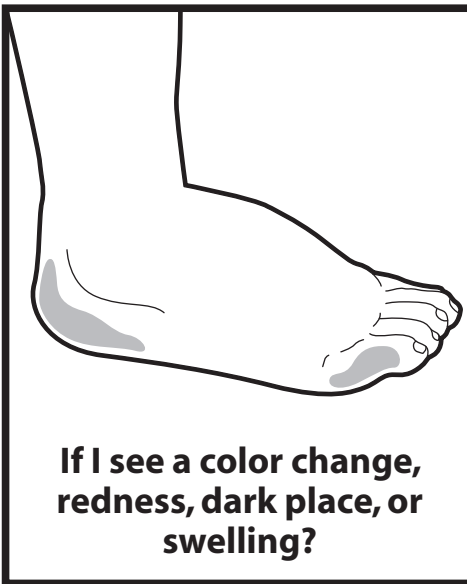


HEALTHY FEET
WITH DIABETES

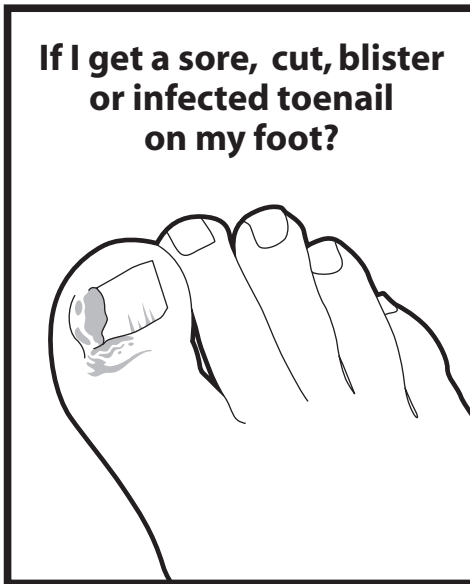
What can I do if I have a foot problem?



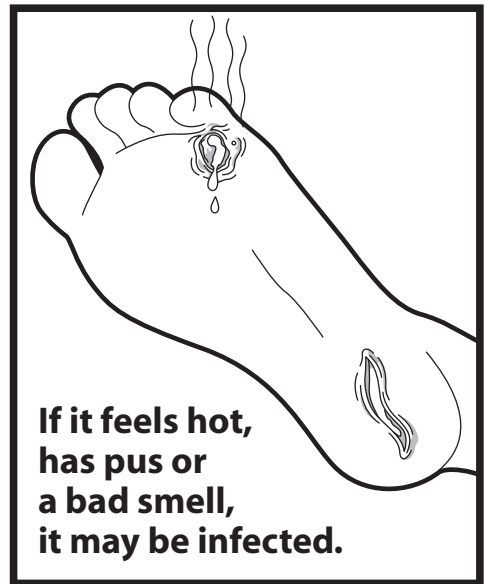
Check your feet every day.
You may not feel sores and cuts



If I see a color change, redness, dark place, or swelling?



If I get a sore, cut, blister or infected toenail on my foot?



If it feels hot, has pus or a bad smell, it may be infected.

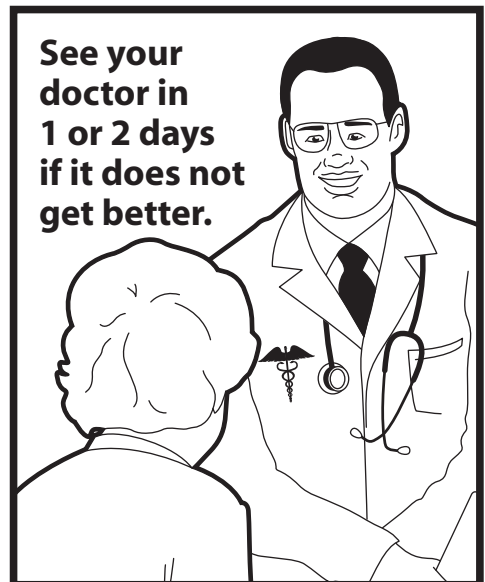
Do This



Wash your feet with soap and warm water.



Put on germ killing cream.



See your doctor in 1 or 2 days if it does not get better.